Therapeutic nutrition for people on dialysis

# **Product Information: Nepro® with CARBSTEADY®**

## Therapeutic nutrition for people on dialysis

- NEPRO WITH CARBSTEADY® is therapeutic nutrition specifically designed to help meet the nutritional needs of patients on dialysis.
- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.
- Has CARBSTEADY®, a carbohydrate blend designed to help manage blood sugar 1 response.
- Designed for people on dialysis with low phosphorus and potassium. 1
- Excellent source of high-quality protein (19 g /8 fl oz) to help meet nutritional needs and replace protein lost during dialysis.
- In a study of NEPRO as supplemental nutrition, <sup>1</sup> patients on dialysis had increased serum albumin, increased serum prealbumin, and improved nutritional status (as signified by subjective global assessment).
- High in calories—1.8 Cal/mL.
- A good source of fiber, including prebiotics.
- Kosher.
- Halal (Mixed Berry & Butter Pecan only). 1
- Gluten-free.
- Suitable for lactose intolerance.

## **Safety Precautions**

- Not for IV use.
- Not suitable for people with galactosemia.
- Caglar K, et al. Kidney Int. 2002;62(3):1054-1059.
- <sup>2</sup> Weitzel LR, et al. Curr Opin Anaesthesiol. 2009;22(2):177-183.

# Ingredients

#### **Liquid Homemade Vanilla:**

Water, Corn Syrup Solids, Caseinates (Calcium, Magnesium, Sodium), High Oleic Safflower Oil, Canola Oil, Sugar, Milk Protein Isolate. Less than 2% of: Soluble Corn Fiber, Glycerin, Short-chain Fructooligosaccharides, Soy Lecithin, Natural & Artificial Flavor, Calcium Citrate, Sodium Citrate, Potassium Citrate, Choline Chloride, Salt, Cellulose Gel, Ascorbic Acid, L-Carnitine, Taurine, Potassium Chloride, Cellulose Gum, Niacinamide, Ferrous Sulfate, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Pyridoxine Hydrochloride, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Biotin, Phylloquinone, Vitamin D3, and Vitamin B12. Allergens: Contains milk and soy ingredients.

### **Availability**

List Number	Item
62585	Nepro with CARBSTEADY Homemade Vanilla / 8 fl oz (237 mL) Bottle / 24 ct
62669	Nepro with CARBSTEADY / 33.8 fl oz (1 L) Ready-To-Hang Prefilled Container / 8 ct
63176	Nepro with CARBSTEADY Homemade Vanilla / 8 fl oz (237 mL) Bottle / 4 x 4 ct
64796	Nepro with CARBSTEADY Mixed Berry / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64798	Nepro with CARBSTEADY Butter Pecan / 8 fl oz (237 mL) Recloseable Carton / 24 ct
64803	Nepro with CARBSTEADY Homemade Vanilla / 8 fl oz (237 mL) Recloseable Carton / 24 ct







<sup>&</sup>lt;sup>3</sup> Demling RH. Eplasty. 2009;9:65-94.

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## **Nutrition Information - Liquid Homemade Vanilla**

	8 fl oz	8 fl oz (237 mL)		1 L (33.8 fl oz)	
	Value	%RDI / %DV	Value	%RDI / %DV	
Protein, g	19		81		
Fat, g	23		96		
Saturated Fat, g	2		8.5		
Trans Fat, g	0		0		
Polyunsaturated Fat, g	4		17		
Monounsaturated Fat, g	16		68		
Cholesterol, mg	7		27		
Carbohydrate, g	38		160		
Dietary Fiber, g	6		25 <sup>*</sup>		
Total Sugars, g	8.4		35.4		
Added Sugars, g	8.3		35.0		
L-Carnitine, mg	63		265		
Taurine, mg	38		160		
Water, g	172		727		
Calories	420		1770		
Vitamin A, mcg RAE	180		759		
Vitamin D, mcg	3.8		16		
Vitamin E, mg	6.8		28.5		
Vitamin K, mcg	19		80		
Vitamin C, mg	23		95		
Folate, mcg DFE	300		1265		
Folic Acid, mcg	180		759		
Thiamin (Vitamin B1), mg	0.60		2.53		
Riboflavin (Vitamin B2), mg	0.50		2.11		
Vitamin B6, mg	2.21		9.32		
Vitamin B12, mcg	1.20		5.06		
Niacin, mg NE	8.0		34		
Choline, mg	140		591		
Biotin, mcg	15		63		
Pantothenic Acid, mg	2.25		9.5		
Sodium, mg	250		1050		
Potassium, mg	225		949		
Chloride, mg	200		844		
Calcium, mg	250		1050		
Phosphorus, mg	170		717		
Magnesium, mg	40		169		
lodine, mcg	38		160		
Manganese, mg	0.60		2.53		
Copper, mg	0.43		1.81		

For more information, contact your Abbott Nutrition Representative or visit www.abbottnutrition.com



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# **Nutrition Information - Liquid Homemade Vanilla**

	8 fl oz (237 mL)		1 L (33.8 fl oz)	
	Value	%RDI / %DV	Value	%RDI / %DV
Zinc, mg	3.0		12.7	
Iron, mg	3.3		14	
Selenium, mcg	14		58	
Chromium, mcg	7.5		32	
Molybdenum, mcg	11		46	

## Liquid Homemade Vanilla Footnotes & References

Per 1 L (33.8 fl oz)

<sup>\*10</sup> g of dietary fiber supplied by short-chain fructooligosaccharides.

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### **Preparation**

#### Instructions for Use:

#### 8 fl oz recloseable carton

- Store unopened at room temperature; avoid extreme temperatures.
- 1 Shake well prior to opening.
- Once opened, reclose, refrigerate and use within 48 hours.
- 1 If not consumed directly from the container, cover, refrigerate, and use within 24 hours.

#### Oral Feeding:

- May be used for supplemental or sole source nutrition.
- 1 May be fed at room temperature or chilled.

#### Tube Feeding:

- 1 Follow physician's instructions.
- 1 Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Feed at room temperature using a feeding pump or syringe.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- 1 Avoid contamination during preparation and use.

#### Ready-To-Hang Container

All liquid medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the Instructions for Use increases the potential for microbial contamination and reduces hangtime.

- 1 Administer product at room temperature.
- 1 THOROUGHLY wash hands with soap and water before handling container or feeding set.
- 1 Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- 1 DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- 1 When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- 1 Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

#### 1 For Use with Enteral Feeding Pumps:

- 1 Remove dust cover from RTH Safety Screw Cap.
- 1 Remove dust cover from feeding set connector.
- 1 Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- 1 Turn connector collar clockwise until it is securely fastened.
- 1 Close clamp on set before inverting container.
- 1 Invert container and suspend, using hanging ring on bottom of container.
- 1 Follow directions for use provided by manufacturer of feeding sets.
- 1 Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.

